



5. Lauf Rund um das Schaubergwerk Röhrigschacht des ASV Sangerhausen  
Sangerhausen / 06.04.2013

Detailed evaluation

**Matthias, Lars**

Club: Turbine Halle

Number: 324

Course: 3.00 km

3 km Lauf

Category:

männliche Jugend M14

Total time: 15:47

Speed: 11.40 km/h

Running performance: 5:16 min/km

Rank in course/Total: 12 (of 22)

Rank in course/Men: 10 (of 15)

Best time in course: 13:25

Rank in category: 3(of 7)

Best time in the category: 13:37