



5. Lauf Rund um das Schaubergwerk Röhrigschacht des ASV Sangerhausen Sangerhausen / 06.04.2013

Detailed evaluation

Friedling, Heiko

Club: Eisleben

Number: 412

Course: 5.10 km

5,1 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 36:02

Speed: 8.33 km/h

Running performance: 7:04 min/km

Rank in course/Total: 17 (of 29)

Rank in course/Men: 13 (of 22)

Best time in course: 22:49

Rank in category: 1(of 2)

Best time in the category: 36:02