



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Lewandowski, Meinhard

Club: Walking-Treff Möhnesee e. V.

Number: 7010

Course: 7.00 km

Walking

Total time: 55:36

Speed: 7.55 km/h

metres in height up: 263

Course score: 10.95

performance score: 83 Points