



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Padberg, Paul-Heinz

Club: DJK Preussen 1911 Bochum e.V.

Number: 7011

Course: 7.00 km

Walking

Total time: 1:03:32

Speed: 6.61 km/h

metres in height up: 263

Course score: 10.95

performance score: 72 Points