



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Galda, Torsten

Club: LSF-Unna-2000

Number: 7007

Course: 7.00 km

Walking

Total time: 59:32

Speed: 7.05 km/h

metres in height up: 263

Course score: 10.95

performance score: 77 Points