



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Wei, Thomas

Club: WSV Ilmenau
Number: 242

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 43:52

Speed: 13.68 km/h
Running performance: 4:23 min/km

Rank in course/Total: 25 (of 114)

Rank in course/Men: 24 (of 95)

Best time in course: 36:06

Rank in category: 3(of 13)

Best time in the category: 42:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking								
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men		
Lap 1	2.30	9:49	4:16	4	0:39	37	2:03	2.30	9:49	4:16	3	0:31	50			
Lap 2	3.80	18:14	4:47	3	0:52	31	3:36	6.10	28:03	4:35	3	1:23	50			
Last lap Finish	3.90	15:49	4:03	1	-	13	2:27	10.00	43:52	4:23	3	1:17	24	7:46		