



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Nürnberger, Dirk

Club: SV Empor Bad Langensalza
Number: 12

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:08:02

Speed: 12.35 km/h
Running performance: 4:52 min/km

Rank in course/Total: 52 (of 256)

Rank in course/Men: 50 (of 185)

Best time in course: 48:53

Rank in category: 7(of 26)

Best time in the category: 51:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	40:55	5:27	7	9:47	45	11:15	7.50	40:55	5:27	18		53	0:14
Finish	6.50	27:07	4:10	7	6:21	51	7:54	14.00	1:08:02	4:51	7	16:08	50	19:09