



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Grund, Thomas

Club: SV Glückauf Sondershausen
Number: 250

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:19:21

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 138 (of 256)

Rank in course/Men: 121 (of 185)

Best time in course: 48:53

Rank in category: 22(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	47:54	6:23	20	13:20	119	18:14	7.50	47:54	6:23	12	2:12	120	7:13
Finish	6.50	31:27	4:50	21	8:55	119	12:14	14.00	1:19:21	5:40	22	22:15	121	30:28