



13. Kirschlauf  
Kleinfahner / 16.06.2013

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt  
Number: 350

Course: 14.00 km  
Nordic Walking

Category:  
Nordic Walking männlich

Total time: 2:02:43

Speed: 6.85 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 1 (of 12)

Rank in course/Men: 1 (of 2)

Best time in course: 2:02:43

Rank in category: 1(of 2)

Best time in the category: 2:02:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	7.50	1:15:26	10:03	1	-	1	-	7.50	1:15:26	10:03	1	-	1	-
Finish	6.50	47:17	7:16	2	1:52	2	1:52	14.00	2:02:43	8:45	1	-	1	-