



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Baumann, Alois

Club: Laufftreff Karlstern
Number: 730

Course: 6.00 km
6 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:26

Speed: 8.48 km/h
Running performance: 7:04 min/km

Rank in course/Total: 186 (of 204)

Rank in course/Men: 107 (of 112)

Best time in course: 21:52

Rank in category: 11(of 12)

Best time in the category: 25:52