



3. Sparkasse Charity Triathlon Bidingen

Bidingen / 16.06.2013

Detailed evaluation

Bibrowski, Michael

Club: Usinger TSG

Number: 315

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

Senioren 3 MK50

Total time: 2:21:37

Speed: 20.74 km/h

Running performance: 2:53 min/km

Rank in course/Total: 23 (of 60)

Rank in course/Men: 22 (of 53)

Best time in course: 1:53:51

Rank in category: 3(of 7)

Best time in the category: 2:09:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.95	20:40	21:45	1	-	11	5:50	0.95	20:40	21:45	3		54	
Zwischen Rad 1	-	13:04	-	6	2:10	50	3:11	0.95	33:44	-	3		54	
Zwischen Rad 2	-	7:10	-	7	0:52	53	1:35	0.95	40:54	-	3		4	
Zwischen Rad 1	-	10:01	-	5	0:59	39	2:12	0.95	50:55	-	3		53	
Zwischen Rad 2	-	7:01	-	7	0:57	48	1:28	0.95	57:56	-	3		53	
Zwischen Rad 1	-	9:37	-	5	0:40	29	1:46	0.95	1:07:33	-	3	0:09	53	
Zwischen Rad 2	-	6:53	-	5	0:47	46	1:13	0.95	1:14:26	-	3	0:56	53	
Zwischen Rad 1	-	9:56	-	6	0:58	41	2:00	0.95	1:24:22	-	3	1:41	53	0:04
Zwischen Rad 2	-	6:55	-	6	0:50	47	1:16	0.95	1:31:17	-	3	2:31	53	0:10
Rad	38.00	3:38	0:05	4	0:56	27	1:13	38.95	1:34:55	2:26	3	3:27	53	0:40
Zwischen Lauf 1	-	10:55	-	2	0:26	14	1:34	38.95	1:45:50	-	3	3:53	52	0:13
Zwischen Lauf 3	-	2:27	-	3	0:05	15	0:23	38.95	1:48:17	-	3	3:58	52	0:05
Zwischen Lauf 2	-	6:03	-	3	0:34	19	1:07	38.95	1:54:20	-	3	4:32	52	
Zwischen Lauf 3	-	5:38	-	3	1:07	15	1:07	38.95	1:59:58	-	3	4:51	52	
Zwischen Lauf 2	-	6:17	-	3	0:42	25	1:23	38.95	2:06:15	-	3	5:30	52	
Zwischen Lauf 3	-	5:43	-	2	0:20	19	1:08	38.95	2:11:58	-	3	5:50	52	
Zwischen Lauf 2	-	6:05	-	3	6:01	20	6:01	38.95	2:18:03	-	3	6:13	52	
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-
Lauf	10.00	3:34	0:21	3	0:15	25	1:49	48.95	2:21:37	2:53	3	11:43	24	1:46:53