



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Lenz, Karsten

Club: Petersberg

Number: 323

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

Senioren 2 MK45

Total time: 2:29:28

Speed: 19.27 km/h

Running performance: 3:03 min/km

Rank in course/Total: 41 (of 60)

Rank in course/Men: 38 (of 53)

Best time in course: 1:53:51

Rank in category: 9(of 12)

Best time in the category: 2:05:35

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.95	26:42	28:06	10	7:20	46	11:52	0.95	26:42	28:06	4	2:13	54	2:28	
Zwischen Rad 1	-	12:10	-	11	2:04	36	2:17	0.95	38:52	-	4	4:17	54	3:09	
Zwischen Rad 2	-	6:42	-	12	0:49	43	1:07	0.95	45:34	-	4	5:06	54	3:09	
Zwischen Rad 1	-	10:05	-	11	1:52	42	2:16	0.95	55:39	-	4	6:58	53	3:48	
Zwischen Rad 2	-	6:50	-	11	0:57	44	1:17	0.95	1:02:29	-	4	7:52	53	3:43	
Zwischen Rad 1	-	10:02	-	11	1:57	39	2:11	0.95	1:12:31	-	4	9:49	10	4:20	
Zwischen Rad 2	-	6:51	-	11	1:05	44	1:11	0.95	1:19:22	-	4	10:46	53	4:25	
Zwischen Rad 1	-	10:18	-	12	2:06	46	2:22	0.95	1:29:40	-	4	12:52	53	5:22	
Zwischen Rad 2	-	6:53	-	12	1:04	46	1:14	0.95	1:36:33	-	4	13:50	53	5:26	
Rad	38.00	3:20	0:05	3	0:31	13	0:55	38.95	1:39:53	2:33	4	14:21	53	5:38	
Zwischen Lauf 1	-	12:03	-	7	2:05	34	2:42	38.95	1:51:56	-	4	16:19	52	6:19	
Zwischen Lauf 3	-	2:44	-	8	0:37	37	0:40	38.95	1:54:40	-	4	16:47	52	6:28	
Zwischen Lauf 2	-	6:22	-	7	1:17	33	1:26	38.95	2:01:02	-	4	17:52	52	6:40	
Zwischen Lauf 3	-	5:58	-	7	1:14	29	1:27	38.95	2:07:00	-	4	18:44	52	1:06	
Zwischen Lauf 2	-	6:26	-	7	1:24	31	1:32	38.95	2:13:26	-	4	19:38	52	1:00	
Zwischen Lauf 3	-	6:00	-	6	1:19	27	1:25	38.95	2:19:26	-	4	20:24	52	1:02	
Zwischen Lauf 2	-	6:25	-	7	1:27	32	6:21	38.95	2:25:51	-	4	21:14	52	1:05	
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-	
Lauf	10.00	3:37	0:21	6	0:43	29	1:52	48.95	2:29:28	3:03	9	23:53	40	1:54:44	