



3. Sparkasse Charity Triathlon Bidingen

Bidingen / 16.06.2013

Detailed evaluation

Spitzner, Florian

Club: Niederdorfelden

Number: 336

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

AK4 männlich

Total time: 2:14:13

Speed: 21.46 km/h

Running performance: 2:44 min/km

Rank in course/Total: 14 (of 60)

Rank in course/Men: 14 (of 53)

Best time in course: 1:53:51

Rank in category: 3(of 8)

Best time in the category: 1:55:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.95	20:54	22:00	4	2:31	14	6:04	0.95	20:54	22:00	3	2:31	53	
Zwischen Rad 1	-	11:10	-	4	1:02	15	1:17	0.95	32:04	-	3	3:33	53	
Zwischen Rad 2	-	6:01	-	3	0:18	10	0:26	0.95	38:05	-	3	3:51	53	
Zwischen Rad 1	-	9:05	-	4	1:04	16	1:16	0.95	47:10	-	3	4:55	51	
Zwischen Rad 2	-	6:08	-	3	0:27	12	0:35	0.95	53:18	-	3	5:22	51	
Zwischen Rad 1	-	8:57	-	4	0:58	12	1:06	0.95	1:02:15	-	3	6:18	51	
Zwischen Rad 2	-	6:06	-	3	0:26	11	0:26	0.95	1:08:21	-	3	6:44	51	
Zwischen Rad 1	-	9:13	-	4	1:14	17	1:17	0.95	1:17:34	-	3	7:58	51	
Zwischen Rad 2	-	6:23	-	5	0:44	21	0:44	0.95	1:23:57	-	3	8:40	51	
Rad	38.00	3:21	0:05	3	0:56	15	0:56	38.95	1:27:18	2:14	3	9:36	51	
Zwischen Lauf 1	-	11:05	-	4	1:44	17	1:44	38.95	1:38:23	-	3	11:20	50	
Zwischen Lauf 3	-	2:35	-	5	0:31	23	0:31	38.95	1:40:58	-	3	11:51	50	
Zwischen Lauf 2	-	6:09	-	5	1:13	22	1:13	38.95	1:47:07	-	3	13:04	50	
Zwischen Lauf 3	-	5:45	-	4	1:12	18	1:14	38.95	1:52:52	-	3	14:16	50	
Zwischen Lauf 2	-	6:08	-	5	1:14	22	1:14	38.95	1:59:00	-	3	15:30	50	
Zwischen Lauf 3	-	5:39	-	4	1:04	15	1:04	38.95	2:04:39	-	3	16:34	50	
Zwischen Lauf 2	-	6:04	-	5	1:05	18	6:00	38.95	2:10:43	-	3	17:39	50	
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-
Lauf	10.00	3:30	0:21	5	0:50	22	1:45	48.95	2:14:13	2:44	3	18:29	16	1:39:29