



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen

Number: 5106

Course: 5.00 km

5 km Nordic Walking

Total time: 39:49

Speed: 7.53 km/h

metres in height up: 84

Course score: 6.26

performance score: 46 Points