



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

Schmitz, Ursula

Club: Team NRW

Number: 5112

Course: 5.00 km

5 km Nordic Walking

Total time: 40:47

Speed: 7.36 km/h

metres in height up: 84

Course score: 6.26

performance score: 45 Points