



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Schulz, Helga

Club: VfL Bochum 1848 Leichtathletik e.V.

Number: 5104

Course: 5.00 km

5 km Nordic Walking

Total time: 40:50

Speed: 7.35 km/h

metres in height up: 84

Course score: 6.26

performance score: 45 Points