



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Mölders, Silke**

Club: Wesel

Number: 5119

Course: 5.00 km

5 km Nordic Walking

Total time: 43:03

Speed: 6.97 km/h

metres in height up: 84

Course score: 6.26

performance score: 43 Points