



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kummer, Steffen

Club: Ritter Sport Freunde
Number: 241

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:26:42

Speed: 8.04 km/h
Running performance: 7:28 min/km

Rank in course/Total: 107 (of 272)

Rank in course/Men: 99 (of 235)

Best time in course: 7:55:46

Rank in category: 21(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:58:21	7:08	18	31:41	81	46:34	25.00	2:58:21	7:08	47		97	46:34
Floh-Seligenthal	25.00	3:12:00	7:40	26	44:49	112	1:07:02	50.00	6:10:21	7:24	49		104	1:53:36
Finsterbergen	25.00	3:07:20	7:29	25	53:02	115	1:19:24	75.00	9:17:41	7:26	47		98	3:13:00
Fröttstädt	25.00	3:09:01	7:33	22	57:01	104	1:17:56	100.00	12:26:42	7:28	21	2:59:58	99	4:30:56