



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

heitfeldt, ulrich

Club: lg hannover
Number: 190

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:26:17

Speed: 7.44 km/h
Running performance: 8:04 min/km

Rank in course/Total: 151 (of 272)

Rank in course/Men: 137 (of 235)

Best time in course: 7:55:46

Rank in category: 16(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:21:00	8:02	14	47:12	145	1:09:13	25.00	3:21:00	8:02	15		148	1:09:13
Floh-Seligenthal	25.00	3:26:31	8:15	16	41:57	151	1:21:33	50.00	6:47:31	8:09	15		145	2:30:46
Finsterbergen	25.00	3:16:38	7:51	17	52:15	143	1:28:42	75.00	10:04:09	8:03	15	4:15	138	3:59:28
Fröttstädt	25.00	3:22:08	8:05	13	52:30	131	1:31:03	100.00	13:26:17	8:03	16	3:07:59	137	5:30:31