



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Altmann, Martina

Club: Dippoldiswalde  
Number: 280

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 13:49:05

Speed: 7.24 km/h  
Running performance: 8:17 min/km

Rank in course/Total: 178 (of 272)

Rank in course/Women: 20 (of 37)

Best time in course: 10:26:10

Rank in category: 7(of 10)

Best time in the category: 10:46:43

Intermediate times

Stage score

Total ranking

| Control          | Split |         | Pos  | Behind | Pos    |      | Behind | Total  |          | Pos  | Behind | Pos     |    | Behind  |
|------------------|-------|---------|------|--------|--------|------|--------|--------|----------|------|--------|---------|----|---------|
|                  | km    | Time    |      |        | min/km | Cat. |        | Cat.   | Women    |      |        | Women   | km |         |
| Glasbachwiese    | 25.00 | 3:29:33 | 8:22 | 7      | 37:53  | 17   | 50:16  | 25.00  | 3:29:33  | 8:22 | 7      | 37:53   | 3  |         |
| Floh-Seligenthal | 25.00 | 3:34:19 | 8:34 | 7      | 43:57  | 20   | 48:00  | 50.00  | 7:03:52  | 8:28 | 7      | 1:21:50 | 3  |         |
| Finsterbergen    | 25.00 | 3:15:44 | 7:49 | 7      | 41:27  | 15   | 51:58  | 75.00  | 10:19:36 | 8:15 | 7      | 2:03:17 | 2  |         |
| Fröttstädt       | 25.00 | 3:29:29 | 8:22 | 6      | 59:05  | 21   | 59:05  | 100.00 | 13:49:05 | 8:17 | 7      | 3:02:22 | 20 | 3:22:55 |