



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Gleißner, Werner

Club: München
Number: 289

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:10:51

Speed: 7.05 km/h
Running performance: 8:31 min/km

Rank in course/Total: 192 (of 272)

Rank in course/Men: 170 (of 235)

Best time in course: 7:55:46

Rank in category: 44(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:33:44	8:32	46	1:04:59	185	1:21:57	25.00	3:33:44	8:32	18	0:33	182	1:21:57
Floh-Seligenthal	25.00	3:31:40	8:28	42	1:13:11	167	1:26:42	50.00	7:05:24	8:30	18	4:19	179	2:48:39
Finsterbergen	25.00	3:09:46	7:35	28	1:18:36	124	1:21:50	75.00	10:15:10	8:12	17		171	4:10:29
Fröttstädt	25.00	3:55:41	9:25	48	1:56:53	195	2:04:36	100.00	14:10:51	8:30	44	5:32:11	170	6:15:05