



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Neumann, Frank

Club: Wolfen
Number: 162

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 15:10:48

Speed: 6.59 km/h
Running performance: 9:07 min/km

Rank in course/Total: 226 (of 272)

Rank in course/Men: 198 (of 235)

Best time in course: 7:55:46

Rank in category: 46(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:41:40	8:52	48	1:15:00	207	1:29:53	25.00	3:41:40	8:52	23	14:46	210	1:29:53
Floh-Seligenthal	25.00	3:46:05	9:02	48	1:18:54	199	1:41:07	50.00	7:27:45	8:57	23	32:48	207	3:11:00
Finsterbergen	25.00	3:35:23	8:36	43	1:21:05	185	1:47:27	75.00	11:03:08	8:50	22	47:02	199	4:58:27
Fröttstädt	25.00	4:07:40	9:54	46	1:55:40	202	2:16:35	100.00	15:10:48	9:06	46	5:44:04	198	7:15:02