



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kaltwasser, Cornelia

Club: Team Ultraschnecke
Number: 50

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 17:31:46

Speed: 5.70 km/h
Running performance: 10:31 min/km

Rank in course/Total: 255 (of 272)

Rank in course/Women: 36 (of 37)

Best time in course: 10:26:10

Rank in category: 7(of 8)

Best time in the category: 11:43:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	25.00	4:01:28	9:39	8	59:05	37	1:22:11	25.00	4:01:28	9:39	8	0:40	19	7:16
Floh-Seligenthal	25.00	4:21:00	10:26	7	1:23:29	36	1:34:41	50.00	8:22:28	10:02	8		19	53:23
Finsterbergen	25.00	4:35:31	11:01	7	1:36:39	36	2:11:45	75.00	12:57:59	10:22	7	3:59:13	18	1:56:54
Fröttstädt	25.00	4:33:47	10:57	5	1:48:43	34	2:03:23	100.00	17:31:46	10:31	7	5:47:56	36	7:05:36