



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Kaltwasser, Jörg

Club: Team Ultraschnecke  
Number: 226

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 17:31:49

Speed: 5.70 km/h  
Running performance: 10:31 min/km

Rank in course/Total: 256 (of 272)

Rank in course/Men: 220 (of 235)

Best time in course: 7:55:46

Rank in category: 55(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	25.00	4:01:33	9:39	58	1:32:48	231	1:49:46	25.00	4:01:33	9:39	29	28:22	232	1:49:46				
Floh-Seligenthal	25.00	4:21:17	10:27	57	2:02:48	226	2:16:19	50.00	8:22:50	10:03	29	1:21:45	229	4:06:05				
Finsterbergen	25.00	4:35:21	11:00	55	2:44:11	223	2:47:25	75.00	12:58:11	10:22	28	2:32:22	221	6:53:30				
Fröttstädt	25.00	4:33:38	10:56	55	2:34:50	216	2:42:33	100.00	17:31:49	10:31	55	8:53:09	220	9:36:03				