



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Seher, Eckhardt

Club: Rennsteiglaufverein  
Number: 18

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 10:31:11

Speed: 9.51 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 28 (of 272)

Rank in course/Men: 27 (of 235)

Best time in course: 7:55:46

Rank in category: 6(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:32:33	6:06	4	3:48	18	20:46	25.00	2:32:33	6:06	38		35	20:46
Floh-Seligenthal	25.00	2:31:34	6:03	2	13:05	13	26:36	50.00	5:04:07	6:04	37		32	47:22
Finsterbergen	25.00	2:40:20	6:24	11	49:10	52	52:24	75.00	7:44:27	6:11	34		27	1:39:46
Fröttstädt	25.00	2:46:44	6:40	12	47:56	56	55:39	100.00	10:31:11	6:18	6	1:52:31	27	2:35:25