



# 10. Lorsch Triathlon

Lorsch / 11.08.2013

## Detailed evaluation

### Team Nawawa

Club: Team Nawawa

Number: 354

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:18:32

Rank in course/Total: 24 (of 42)

Rank in course/Total: 24 (of 42)

Best time in course: 1:00:17

Rank in category: 24(of 42)

Best time in the category: 1:00:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos	Behind	Pos	Behind	Total km	Total Time	Total km/h	Pos	Behind	Pos	Behind
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Schwimmen	0.50	10:28	0.00	10	1:42	10	1:42	0.50	10:28	0.00	3		3	
Wechsel Schwim	0.20	2:44	0.00	42	1:42	42	1:42	0.70	13:12	0.00	3		3	
Schwimmen Total	0.70	13:12	0.00	3		3		0.70	13:12	0.00	3		3	
Rad	20.00	40:27	29.67	27	9:04	27	9:04	20.70	53:39	22.37	3	0:38	3	0:38
Wechsel Rad-Lau	0.05	0:41	0.00	33	0:18	33	0:18	20.75	54:20	22.09	3	0:42	3	0:42
Rad Total	20.05	41:08	29.17	26	9:06	26	9:06	20.75	54:20	22.09	3	0:42	3	0:42
Lauf	5.00	24:12	12.40	22	5:45	22	5:45	25.75	1:18:32	19.10	24	18:15	24	18:15