



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Heide, Phillip

Club: Schmalkalder LV  
Number: 39

Course: 5.00 km  
Basilikalauf

Category:  
männliche Jugend U18 (16-17 Jahre)

Total time: 20:51

Speed: 14.39 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 12 (of 39)

Rank in course/Men: 11 (of 27)

Best time in course: 15:58

Rank in category: 2(of 2)

Best time in the category: 19:14