



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Frisch, Andrea

Number: 19

Course: 5.00 km

Basilikalauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 28:07

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 32 (of 39)

Rank in course/Women: 7 (of 12)

Best time in course: 20:21

Rank in category: 2(of 3)

Best time in the category: 26:10