



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Neuling, Conny**

Club: Kühndorf

Number: 4

Course: 5.00 km

Basilikalauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 31:12

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 39 (of 39)

Rank in course/Women: 12 (of 12)

Best time in course: 20:21

Rank in category: 3(of 3)

Best time in the category: 26:10