



10. Deisterberglauf
Barsinghausen / 15.09.2013

Detailed evaluation

Das Kaderteam

Club: Das Kaderteam
Number: 1002

Course: 9.70 km
Schülerstaffel 5 x 2 km

Category:
Schülerstaffel

Total time: 38:35

Speed: 15.08 km/h
Running performance: 3:59 min/km

Rank in course/Total: 1 (of 4)

Rank in course/Total: 1 (of 4)

Best time in course: 38:35

Rank in category: 1(of 4)

Best time in the category: 38:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Lap 1	3.30	15:08	4:35	1	-	1	-	3.30	15:08	4:35	1	-	1	-
Lap 2	1.70	7:21	4:19	1	-	1	-	5.00	22:29	4:29	1	-	1	-
Lap 3	2.10	7:26	3:32	1	-	1	-	7.10	29:55	4:12	1	-	1	-
Last lap Finish	2.60	8:40	3:19	1	-	1	-	9.70	38:35	3:58	1	-	1	-