



10. Deisterberglauf
Barsinghausen / 15.09.2013

Detailed evaluation

Die schnellen Mädels

Club: Die schnellen Mädels
Number: 1003

Course: 9.70 km
Schülerstaffel 5 x 2 km

Category:
Schülerstaffel

Total time: 48:42

Speed: 11.95 km/h
Running performance: 5:01 min/km

Rank in course/Total: 3 (of 4)

Rank in course/Total: 3 (of 4)

Best time in course: 38:35

Rank in category: 3(of 4)

Best time in the category: 38:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Lap 1	3.30	19:53	6:01	3	4:45	3	4:45	3.30	19:53	6:01	3	4:45	3	4:45
Lap 2	1.70	9:08	5:22	3	1:47	3	1:47	5.00	29:01	5:48	3	6:32	3	6:32
Lap 3	2.10	8:45	4:09	2	1:19	2	1:19	7.10	37:46	5:19	3	7:51	3	7:51
Last lap Finish	2.60	10:56	4:12	3	2:16	3	2:16	9.70	48:42	5:01	3	10:07	3	10:07