



34. Wartburglauf  
Eisenach / 29.09.2013

Detailed evaluation

Grützmacher, Ansgar

Club: Stadtlengsfeld

Number: 46

Course: 12.50 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:31

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 128 (of 254)

Rank in course/Men: 111 (of 186)

Best time in course: 45:36

Rank in category: 19(of 36)

Best time in the category: 51:21