



34. Wartburglauf  
Eisenach / 29.09.2013

## Detailed evaluation

Lämmerhirt, Silke

Club: Eisenach  
Number: 198

Course: 12.50 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:33

Speed: 11.33 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 129 (of 254)

Rank in course/Women: 18 (of 68)

Best time in course: 52:34

Rank in category: 4(of 9)

Best time in the category: 59:37