



34. Wartburglauf  
Eisenach / 29.09.2013

## Detailed evaluation

Rockstuhl, Marian

Club: Nord-Life Fitnessclub  
Number: 208

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 53:27

Speed: 13.47 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 31 (of 254)

Rank in course/Men: 30 (of 186)

Best time in course: 45:36

Rank in category: 4(of 12)

Best time in the category: 46:59