



34. Wartburglauf  
Eisenach / 29.09.2013

## Detailed evaluation

Singwald, Jürgen

Club: ESSV  
Number: 165

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 55:17

Speed: 13.02 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 44 (of 254)

Rank in course/Men: 42 (of 186)

Best time in course: 45:36

Rank in category: 5(of 16)

Best time in the category: 48:46