



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Hofmann, Mario**

Club: Flinken Gerataler/TSV 1880 Elgersburg  
Number: 1396

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M40 (40-49 Jahre)

Total time: 39:48

Speed: 15.08 km/h

Running performance: 3:59 min/km

Rank in course/Total: 43 (of 686)

Rank in course/Men: 38 (of 543)

Best time in course: 29:39

Rank in category: 8(of 178)

Best time in the category: 37:27

### Intermediate times

### Stage score

### Total ranking

| Control           | Intermediate times |            |              |          |             | Stage score |            |          |            | Total ranking |          |             |         |            |  |
|-------------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|--|
|                   | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men     | Behind Men | Total km | Total Time | Total min/km  | Pos Cat. | Behind Cat. | Pos Men | Behind Men |  |
| Runde             | 2.00               | 7:51       | 3:55         | 9        | 0:40        | 42          | 1:49       | 2.00     | 7:51       | 3:55          | 10       |             | 37      | 1:49       |  |
| Runde             | 2.00               | 7:56       | 3:58         | 8        | 0:36        | 37          | 1:59       | 4.00     | 15:47      | 3:56          | 10       |             | 36      | 3:48       |  |
| Runde             | 2.00               | 8:06       | 4:02         | 8        | 0:31        | 36          | 2:11       | 6.00     | 23:53      | 3:58          | 9        | 1:47        | 35      | 5:59       |  |
| Runde             | 2.00               | 8:12       | 4:05         | 9        | 0:27        | 40          | 2:17       | 8.00     | 32:05      | 4:00          | 8        | 2:14        | 34      | 8:16       |  |
| Leichtathletikhäl | 2.00               | 7:43       | 3:51         | 4        | 0:15        | 31          | 1:53       | 10.00    | 39:48      | 3:58          | 8        | 2:21        | 38      | 10:09      |  |