



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Wall, Manja

Club: RSV Bruchhausen-Vilsen  
 Number: 396

Course: 40.80 km  
 Mitteldistanz Lizenz

Category:  
 Seniorinnen I

Total time: 1:46:33

Speed: 22.52 km/h

Rank in course/Total: 14 (of 17)

Rank in course/Women: 2 (of 3)

Best time in course: 1:39:48

Rank in category: 1(of 1)

Best time in the category: 1:46:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	16.30	42:20	22.68	1	-	2	3:05	16.30	42:20	22.68	1	-	2	3:05
Lap 2	20.40	54:14	22.13	1	-	2	3:32	36.70	1:36:34	22.37	1	-	2	6:37
Last lap Finish	4.10	9:59	24.04	1	-	2	0:08	40.80	1:46:33	22.52	1	-	2	6:45