



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Gellert, Christopher

Total time: 1:20:16

Number: 499

Speed: 13.46 km/h

Running performance: 4:20 min/km

Course: 18.50 km

Rank in course/Total: 26 (of 157)

Lange Strecke

Rank in course/Men: 25 (of 138)

Best time in course: 1:04:36

Category:

Rank in category: 7(of 23)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:04:36