



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Gernhardt, Steffen

Club: Ilmenau
Number: 458

Course: 19.00 km
19 km Nordic Walking

Category:
Nordic Walking Männer

Total time: 2:29:08

Speed: 7.64 km/h
Running performance: 7:51 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Men: 4 (of 5)

Best time in course: 2:05:15

Rank in category: 4(of 5)

Best time in the category: 2:05:15