



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Gernhardt, Ursula

Club: Ilmenau  
Number: 457

Course: 19.00 km  
19 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 2:29:10

Speed: 7.64 km/h  
Running performance: 7:51 min/km

Rank in course/Total: 7 (of 8)

Rank in course/Women: 3 (of 3)

Best time in course: 2:25:03

Rank in category: 3(of 3)

Best time in the category: 2:25:03