



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Riester, Carola

Club: Möhrenbach  
Number: 415

Course: 11.00 km  
11 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:42:40

Speed: 6.43 km/h  
Running performance: 9:20 min/km

Rank in course/Total: 13 (of 16)  
Rank in course/Women: 11 (of 15)  
Best time in course: 1:33:28

Rank in category: 11(of 14)  
Best time in the category: 1:33:28