



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Müller, Helke

Club: Langewiesen  
Number: 417

Course: 11.00 km  
11 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:47:43

Speed: 6.13 km/h  
Running performance: 9:47 min/km

Rank in course/Total: 15 (of 16)  
Rank in course/Women: 14 (of 15)  
Best time in course: 1:33:28

Rank in category: 13(of 14)  
Best time in the category: 1:33:28