



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Heimbach, Katrin

Club: Aerobic Line SV 1911 Gehren
Number: 406

Course: 11.00 km
11 km Nordic Walking

Category:
Nordic Walking Frauen

Total time: 1:34:56

Speed: 6.95 km/h
Running performance: 8:38 min/km

Rank in course/Total: 5 (of 16)
Rank in course/Women: 5 (of 15)
Best time in course: 1:33:28

Rank in category: 5(of 14)
Best time in the category: 1:33:28