



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Lotz, Albrecht

Club: Lauffreunde Geratal
Number: 456

Course: 19.00 km
19 km Nordic Walking

Category:
Nordic Walking Männer

Total time: 2:18:07

Speed: 8.25 km/h
Running performance: 7:16 min/km

Rank in course/Total: 3 (of 8)

Rank in course/Men: 3 (of 5)

Best time in course: 2:05:15

Rank in category: 3(of 5)

Best time in the category: 2:05:15