



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Gruchenberg, Fred

Club: Hinternah

Number: 160

Course: 14.10 km

Nordic Walking

Category:

Herren

Total time: 2:04:16

Speed: 6.76 km/h

Running performance: 8:49 min/km

Rank in course/Total: 9 (of 23)

Rank in course/Men: 3 (of 8)

Best time in course: 1:53:25

Rank in category: 3(of 8)

Best time in the category: 1:53:25