



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Bratfisch, Thomas

Club: AC Apolda
Number: 148

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:45:04

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 8 (of 26)

Rank in course/Men: 8 (of 23)

Best time in course: 1:31:56

Rank in category: 2(of 3)

Best time in the category: 1:39:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Waldhaus	1.20	5:05	4:14	1	-	5	0:28	1.20	5:05	4:14	1	-	5		
Dreiherrenstein	2.60	15:07	5:48	2	0:09	7	1:33	3.80	20:12	5:18	2		16		
Eiserne Hand	10.20	53:23	5:14	2	4:19	8	7:41	14.00	1:13:35	5:15	1	-	16		
Finish	7.10	31:29	4:26	2	1:31	11	3:54	21.10	1:45:04	4:58	2	5:24	8	13:08	