



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Baumeyer, Frank

Club: SV Schleusingen 90
Number: 2

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:53:24

Speed: 11.11 km/h
Running performance: 5:22 min/km

Rank in course/Total: 15 (of 26)

Rank in course/Men: 15 (of 23)

Best time in course: 1:31:56

Rank in category: 2(of 4)

Best time in the category: 1:49:14

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Waldhaus | 1.20 | 5:49 | 4:50 | 3 | 0:28 | 18 | 1:12 | 1.20 | 5:49 | 4:50 | 3 | 0:28 | 19 | 0:23 |
| Dreiherrenstein | 2.60 | 16:48 | 6:27 | 2 | 0:45 | 16 | 3:14 | 3.80 | 22:37 | 5:57 | 2 | 1:13 | 5 | 1:14 |
| Eiserne Hand | 10.20 | 57:08 | 5:36 | 2 | 3:03 | 16 | 11:26 | 14.00 | 1:19:45 | 5:41 | 2 | 4:16 | 9 | 4:16 |
| Finish | 7.10 | 33:39 | 4:44 | 1 | - | 13 | 6:04 | 21.10 | 1:53:24 | 5:22 | 2 | 4:10 | 15 | 21:28 |