



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Baumeyer, Frank

Club: SV Schleusingen 90  
Number: 2

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:53:24

Speed: 11.16 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 15 (of 26)

Rank in course/Men: 15 (of 23)

Best time in course: 1:31:56

Rank in category: 2(of 4)

Best time in the category: 1:49:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:49	4:50	3	0:28	18	1:12	1.20	5:49	4:50	3	0:28	19	0:23
Dreiherrnstein	2.60	16:48	6:27	2	0:45	16	3:14	3.80	22:37	5:57	2	1:13	5	1:14
Eiserne Hand	10.20	57:08	5:36	2	3:03	16	11:26	14.00	1:19:45	5:41	2	4:16	9	4:16
Finish	7.10	33:39	4:44	1	-	13	6:04	21.10	1:53:24	5:22	2	4:10	15	21:28