



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Marr, Uwe

Club: TV Barchfeld
Number: 194

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:00:36

Speed: 10.45 km/h
Running performance: 5:43 min/km

Rank in course/Total: 20 (of 26)

Rank in course/Men: 19 (of 23)

Best time in course: 1:31:56

Rank in category: 4(of 4)

Best time in the category: 1:49:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:47	4:49	2	0:26	17	1:10	1.20	5:47	4:49	2	0:26	18	0:21
Dreiherrenstein	2.60	16:50	6:28	3	0:47	17	3:16	3.80	22:37	5:57	2	1:13	5	1:14
Eiserne Hand	10.20	1:00:49	5:57	4	6:44	19	15:07	14.00	1:23:26	5:57	4	7:57	5	7:57
Finish	7.10	37:10	5:14	4	3:31	19	9:35	21.10	2:00:36	5:42	4	11:22	19	28:40