



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Seliger, Helena

Club: LV e.V.  
Number: 147

Course: 1.30 km  
Schülerlauf U12

Category:  
weibliche Kinder U12

Total time: 7:30

Speed: 8.00 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 15 (of 16)

Rank in course/Women: 7 (of 8)

Best time in course: 5:33

Rank in category: 7(of 8)

Best time in the category: 5:33