



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Pferdekämper, Carsten

Club: Team NRW

Number: 21105

Course: 21.00 km

21 km Nordic Walking

Total time: 2:20:30

Speed: 8.97 km/h

metres in height up: 486

Course score: 28.29

performance score: 243 Points